

VIC GORADIA, MD, *Fellowship Trained, Arthroscopy and Sports Medicine*

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Vipool K. “Vic” Goradia, MD

EDUCATION

Medical School University of Oklahoma, Oklahoma City, Oklahoma
M.D. with Distinction - 6/93

College Tulane University, New Orleans, Louisiana
B.S.E. in Biomedical Engineering with Honors - 5/89

POSTGRADUATE TRAINING

Fellowship Sports Medicine & Arthroscopy, Union Memorial Hospital,
Baltimore, MD. Director: Les Matthews, MD: 8/98 – 9/99

Residency Orthopaedic Surgery, University of Oklahoma, Oklahoma City,
OK. Program Director: Curtis Gruel, MD: 7/94 – 6/98

Internship General Surgery, University of Virginia, Charlottesville, VA: 7/93
- 6/94

PRACTICE EXPERIENCE

President Go Orthopedics, Richmond, VA: 12/8/04 - Present

Partner Tuckahoe Orthopaedic Associates, Richmond, VA: 2/04 – 12/7/04

Associate Tuckahoe Orthopaedic Associates, Richmond, VA: 8/01 – 2/04

Associate Roanoke Orthopaedic Center: 9/1/99 – 6/30/01

ACADEMIC APPOINTMENTS

Attending Orthopaedic Research of Virginia , Sports Medicine &
Arthroscopic Surgery Fellowship: Richmond, VA: 8/01 – 12/7/04

Instructor Hanover Family Practice Residency, Mechanicsville, VA: 8/02
8/04

Medical Director Longwood University Athletic Training Program, Farmville, VA:
8/03 – 8/04

HOSPITAL APPOINTMENTS

12/06 – Present Memorial Ambulatory Surgery Center, Mechanicsville, VA
4/05 – Present St. Francis Hospital, Midlothian, VA
4/05 – Present St. Francis Ambulatory Surgery Center, Midlothian, VA
3/05 - Present John Randolph Medical Center, Hopewell, VA
8/08 – Present CJW Medical Center
2003 – 2005 Community Memorial Hospital, South Hill, VA
3/04 – 12/04 Stony Point Surgery Center, Richmond, VA
8/01 – 12/04 Tuckahoe Surgery Center, Richmond, VA
8/01 – 1/05 Henrico Doctors' Hospital – Parham, Richmond, VA
8/01 – 8/03 Memorial Hospital, Richmond, VA
8/01 – 1/05 St. Mary's Hospital, Richmond, VA
8/01 – 1/05 Henrico Doctors' Hospital, Richmond, VA
9/99 – 6/01 Montgomery Regional Hospital, Blacksburg, VA
9/99 – 6/01 New River Valley Medical Center, Radford, VA
8/98 - 8/99 Union Memorial Hospital, Baltimore, MD

TEAM/SPORTS COVERAGE

5/06- Present Colonial Heights High School, Colonial Heights, VA
5/06- Present Dinwiddie High School, Dinwiddie, VA
8/05 – Present Prince George High School, Prince George, VA

8/05 – Present	Hopewell High School, Hopewell, VA
8/05 – 6/06	Thomas Dale High School, Chester, VA
11/03	Longwood University Women’s Basketball Annual Tournament: Farmville, VA
6/03	Nissan Xterra East Championship: Brown’s Island, Richmond, VA
10/02	AAU International Power Lifting Championships
7/02	The Sharper 4 th Annual All-Pro Football Camp: Hermitage H.S.
7/02	Sharper Sports Celebrity Basketball Jam: Richmond Conv. Center
8/02 – 8/04	Longwood University Athletics
8/01 – 12/04	Several Richmond area schools (Hermitage HS, Patrick Henry HS, St. Christopher’s HS, Collegiate HS, Tucker HS, and Deep Run HS)
8/00 – 12/00	Virginia Military Institute, Lexington, Virginia
4/00 – 11/00	Roanoke Steam Arena Football, Roanoke, Virginia
9/99 – 6/01	Christiansburg High School, Christiansburg, Virginia
8/98 – 8/99	Morgan State University, Goucher College, Johns Hopkins University, Baltimore Blast Professional Soccer and Professional Lacrosse Teams Baltimore, Maryland (fellowship)

PROFESSIONAL APPOINTMENTS

Co-Chairman	Arthroscopic Simulation Task Force, <i>Arthroscopy Association of North America</i> : 1/08 - Present
Chairman	Technology Committee, <i>Arthroscopy Association of North America</i> : 4/07 – Present
Member	Education Overview Committee, <i>Arthroscopy Association of North America</i> : 4/07 - Present

Moderator	Sports Trauma, 26 th Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 27, 2007
Member	Editorial Board, <i>Arthroscopy: Journal of Arthroscopic and Related Surgery</i> : 1/06 to present
Chairman	Electronic Education Subcommittee, <i>Arthroscopy Association of North America</i> : 5/05 to 5/06
Head	Learning Center Website Subcommittee, <i>Arthroscopy Association of North America</i> : 5/05 to 5/06
Advisor	Technology Committee, <i>Arthroscopy Association of North America</i> : 5/05 to 4/07
Member	Learning Center Committee, <i>Arthroscopy Association of North America</i> : 3/04 to 5/06
Member	Young Member Task Force, <i>Arthroscopy Association of North America</i> : 3/05 to 8/06
Invited Guest	Winter Board Meeting, <i>Arthroscopy Association of North America</i> Palm Springs, CA: 1/05
Medical Director	HEALTHSOUTH Physical Therapy, Mechanicsville, VA: 3/04 to 12/04
Invited Guest	Executive Committee and Strategic Planning Mtg., <i>Arthroscopy Association of North America</i> , Palm Springs, CA: 2/04
Chairman	Technology Committee, <i>Arthroscopy Association of North America</i> : 4/04 to 5/05
Chairman	Electronic Media & Data Acquisition Committee, <i>Arthroscopy Association of North America</i> : 4/03 to 4/04
Chairman	Research/IT Technology Committee, ORV: 1/04 to 12/04
Administrator	Orthopaedic Research of Virginia (ORV): 1/04 to 8/04
Member	Electronic Media Committee, <i>Arthroscopy Association of North America</i> : 4/02 to 4/03
Member	Distance Learning Subcommittee, <i>Arthroscopy Association of North America</i> : 7/03- 5/05

Moderator	Shoulder Section, <i>Annual Meeting of the Virginia Orthopaedic Society</i> : 5/03
Member	Education Overview Committee, <i>Arthroscopy Association of North America</i> : 4/03 to 5/05
Consultant	Tuckahoe Family YMCA, Richmond, VA: 4/03 to 10/03
Member	Board of Directors, <i>Orthopaedic Research of Virginia</i> , Richmond, VA: 8/01 to 12/04
Reviewer	<i>Arthroscopy: Journal of Arthroscopic & Related Surgery</i> : 9/99 to present
Chairman	Residents and Fellows Arthroscopy Conference, New Orleans, LA: 2/99

COURSE INSTRUCTION

Instructor	Shoulder Arthroscopy Skills Lab: <i>Fall Course of Arthroscopy Association of North America</i> , Phoenix, AZ: November 21, 2008.
Instructor	Knee Arthroscopy Skills Lab: <i>Arthroscopy Association of North America</i> , Phoenix, AZ: November 22, 2008.
Instructor	Residents' Arthroscopy Skills Course, <i>Arthroscopy Association of North America</i> : Orthopedic Learning Center, Rosemont, IL: May 29-June 1, 2008
Instructor	Shoulder Course: Arthroscopic Rotator Cuff Repair: Mastering The Essentials, <i>American Academy of Orthopedic Surgeons</i> , San Francisco, CA: March 5, 2008.
Coordinator	"Practice Management Strategies II: How to Practice in the Digital Age; Lessons Learned on Electronic Medical Records, Radiography and the Paperless Office." <i>Instructional Course Lecture. 26th Annual Meeting Arthroscopy Association of North America</i> , San Francisco, CA: April 27, 2007.
Instructor	Shoulder Arthroscopy Lab: <i>Arthroscopy Association of North America and American Academy of Orthopedic Surgeons</i> , San Diego, CA: February 2007
Instructor	Residents' Arthroscopic Skills Course, <i>Arthroscopy Association of North America</i> Rosemont, IL: February 2007

- Instructor Donnie Knee Arthroscopy Lab: *Winter Course Arthroscopy Association of North America*, Whistler, BC, Canada: January 2007
- Instructor Donnie Knee Arthroscopy Lab: *Fall Course of Arthroscopy Association of North America*, Palm Desert, CA: November 2006
- Instructor Shoulder Arthroscopy Skill Course: *Arthroscopy Association of North America and American Academy of Orthopedic Surgeons*, Rosemont, IL: March 26, 2006
- Instructor Shoulder Arthroscopy Skills Lab: *Fall Course of Arthroscopy Association of North America*, Phoenix, AZ: December 1-3, 2005
- Coordinator “Electronic Medical Records: Options, Investments & Implementation.” *Instructional Course Lecture*. 24th Annual Meeting of Arthroscopy Association of North America, Vancouver, BC, Canada: May 12-15, 2005
- Coordinator “Emerging Technologies in Knee Surgery.” *Instructional Course Lecture*. 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.
- Instructor Combined Orthopaedic Research of Virginia-Medical College of Virginia-University of Virginia Posterior Cruciate Ligament Lab for Residents/Fellows: Tuckahoe Surgery Center, Richmond, VA: Feb. 18, 2004
- Instructor Knee Cadaver Lab: Longwood University Certified Athletic Training Program, Dec. 2003
- Instructor Knee Examination Lab: Longwood University Certified Athletic Training Program, Nov. 2003
- Instructor *Arthroscopy Association of North America* Digital Course: June 2003
- Faculty *57th Annual Meeting of the Virginia Orthopaedic Society*, Norfolk, VA: May 14-16, 2003.
- Instructor Junior Residents’ Arthroscopic Skills Course, *Arthroscopy Association of North America*, Rosemont, IL: March 2003
- Instructor Shoulder Arthroscopy Skills Course. *Fall Course of Arthroscopy Association of North America*, Nov. 2002

Instructor Masters Course in Advanced Shoulder Arthroscopy, *Arthroscopy Association of North America* Rosemont, IL: April 2002

Instructor Junior Residents' Arthroscopic Skills Course, *Arthroscopy Association of North America* Rosemont, IL: Jan. 2002.

INDUSTRY RELATED ACTIVITIES

Instructor Hawaiian Shoulder Course, Arthrex, Inc., Honolulu, HI: November 1, 2008

Instructor Korean-Japanese Shoulder Course, Arthrex, Inc., Honolulu, HI: October 29-31, 2008

Faculty Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008.

Instructor Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

Instructor Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

Consultant Arthrex Inc.: January 2008- present

Instructor Knee Arthroscopy Lab, Arthrex, Inc. Naples, FL: December 14, 2007

Instructor Advanced Shoulder Arthroscopy. Danish Surgeons' Cadaver Laboratory, Arthrex Inc. Naples, FL, April 19, 2007

Instructor Advanced Knee Arthroscopy. Danish Surgeons' Cadaver Laboratory, Arthrex Inc. Naples, FL, April 18, 2007.

Demonstration All Arthroscopic Patch Repair of Chronic Rotator Cuff Tear, Pegasus Biologics, Inc: Richmond, VA., April 6, 2007

Instructor Knee Course: All-Inside ACL Reconstruction. Arthrex, Inc. Naples, FL: March 20, 2007.

Instructor Arthrex Regional Sales Representatives, Arthrex Inc. Naples, FL March 19 2007.

Instructor Arthrex Regional Sales Representatives, Arthrex Inc. Naples, FL November 28 2006.

PROFESSIONAL ASSOCIATIONS

Member	American Orthopaedic Society for Sports Medicine: 7/04 - present
Fellow	American Academy of Orthopaedic Surgery: 2/03 – Present
Member	Arthroscopy Association of North America: 4/02 - Present
Member	Virginia Orthopaedic Society: 11/00 – Present
Member	Richmond Academy of Medicine: 8/01 – Present
Member	Richmond Orthopaedic Club: 11/01 – Present
Candidate Member	American Academy of Orthopaedic Surgery: 8/99 – 2/03
Associate Member	Arthroscopy Association of North America: 11/98 – 4/02
Candidate Member	American Orthopaedic Society for Sports Medicine: 7/99 – 7/04

HONORS

- ◆ Excellence in Research Award American Orthopaedic Society for Sports Medicine, Vancouver, British Columbia, July 1998
- ◆ Award for Outstanding Research Herodicus Society, Vancouver, B.C., July 1998
- ◆ American Orthopaedic Association-Zimmer 11th Annual Travel Award for Orthopaedic Resident Research, Asheville, NC, June 1998
- ◆ Best Paper, Annual Visiting Professorship (Mark Swiontkowski, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1998
- ◆ Chief Administrative Resident, University of Oklahoma, Oklahoma City, Ok: July 1997 – June 1998 (Selected by faculty)
- ◆ Best Paper, Annual Visiting Professorship (Paul Manske, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1997
- ◆ Best Paper, Annual Visiting Professorship (Michael Schaefer, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1996
- ◆ Alpha Omega Alpha Honor Medical Society, Dec. 1992

PUBLICATIONS

Wiley, WB, Owen J, Wayne J, Pearson S, **Goradia VK**. Medial Femoral Condyle Strength After Tunnel Placement for Single- and Double-bundle Posterior Cruciate Ligament Reconstruction. Accepted for publication *J. Knee Surg*.

Goradia VK. Electronic medical records for the arthroscopic surgeon. Current Concepts. *J. Arthroscopy* 2006 22(2):

Goradia VK, Grana WA, Pearson S. Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts. *J. Arthroscopy* 2006; 22(1):80-88.

Cohen SB, Wiley WB, **Goradia VK**, Miller MD. Anterior capsular shift: An *in vitro* comparison of volume reduction using arthroscopic plication and open lateral shift. *J. Arthroscopy* 2005; 21(6): 659-664.

Chhabra A, Francke EI, Baer GS, Monahan T, **Goradia VK**, and Miller, MD. Cyclic loading of rotator cuff repairs: A comparison of cuff tacks, suture anchors, and open rotator cuff repairs. *J. Arthroscopy* 2005; 21(3): 323-327.

Wiley WB, **Goradia VK**, Pearson, S. Arthroscopic Capsular Plication-Shift. *J. Arthroscopy* 2005; 21(1): 119-21.

Goradia VK. Arthroscopic repair of a PASTA lesion. *Surgical Video*, AANA, www.aana.org; Education Portal, members only section: April 2005.

Goradia VK. Fascia lata allograft in ACL surgery. *Instr. Course Lect.* AANA, www.aana.org; members' only section: March 2005.

Goradia VK. Graft tensioning in ACL surgery. *Instr. Course Lect.* AANA, www.aana.org; members' only section: March 2005

Goradia VK. Repair of a medium sized rotator cuff tear. *Surgical Video*, AANA, www.aana.org; Education Portal, members only section: March 2005.

Goradia VK. Arthroscopic Bankart and SLAP Repairs. *Surgical Video*, AANA, www.aana.org; Education Portal, members only section: March 2005.

Goradia VK. ACL reconstruction with B-PT-B autograft or allograft. *Surgical Video*, AANA, www.aana.org; Education Portal, members only section: February 2005.

Goradia VK. ACL reconstruction with soft tissue allograft. *Surgical Video*, AANA, www.aana.org; Education Portal, members only section: February 2005.

Goradia VK. Arthroscopic repair of PASTA lesion. *Surgical Video of the Month*, www.mdv1.com; February 2004.

Wiley WB, **Goradia VK**. The Tuckahoe knot - A secure locking slip knot. *J. Arthroscopy* 2004; 20: 556-559.

Tennent D, **Goradia VK**: Arthroscopic management of calcific tendonitis of the popliteus tendon. *J. Arthroscopy* 19(4): E35, April 2003

Goradia VK, Van Allen J: Chronic lateral knee instability treated with a high tibial osteotomy. *J. Arthroscopy* 18(7): 807-811, Sept 2002.

Mullen DJ, **Goradia VK**, Parks BG, Matthews LS: A Biomechanical Study of Valgus Stability of the Elbow Before and After Reconstruction of the Medial Collateral Ligament. *J. Shoulder Elbow Surg* 11(3): 259-264, May/June 2002.

Goradia VK, Mullen DJ, Boucher HR, Parks BG, O'Donnell JB: Cyclic loading of rotator cuff repairs." A comparison of bioabsorbable tacks with suture anchors and transosseous sutures. *J. Arthroscopy* 17(4): 360-364, April 2001.

Goradia VK, Grana WA: A comparison of outcomes at two to six years after acute and chronic acl reconstructions using hamstring tendon grafts. *J. Arthroscopy* 17(4): 383-392, April 2001.

Goradia VK, Rochat MC, Grana WA, Rohrer MD, Prasad HS: Tendon to bone healing of a semitendinosus tendon autograft used for acl reconstruction in a sheep model. *J Knee Surg.* 13(3): 143-151, Summer 2000.

Goradia VK, Rochat MC, Kida M, Grana WA: Natural History of a hamstring tendon autograft used for acl reconstruction in a sheep model. *Am J Sports Med.* 28 (1): 40-46, Jan/Feb 2000.

Goradia VK, Rochat MC, Grana WA, Egle DA: Strength of acl reconstructions using semitendinosus tendon grafts. *J. Okla. State Med. Assoc.* 91(5), August 1998.

Sullivan JA, Gregory P, Herndon WA, Yngve DA, **Goradia VK**: Management of femoral shaft fractures in children ages 5 to 13 by traction and spica cast. *Orthopaedics International* 2 (6): 567 - 572, 1994.

CHAPTERS

Foster L, Bansal S, **Goradia VK**, Matthews LS: Knee Outcomes Scales, in Insall JN and Scott WN (eds): *Surgery of the Knee, 4th Ed.* Philadelphia, Churchill Livingstone Co, 2006, Chapter 35.

Bansal S, **Goradia VK**, Matthews LS: Sports knee rating systems, in Insall JN and Scott WN (eds): *Surgery of the Knee, 3rd Ed.* Philadelphia, Churchill Livingstone Co, 2001, pp 628-650.

PROFESSIONAL PRESENTATIONS

“Shoulder Update October 2008.” Hawaiian Shoulder Course, Arthex, Inc., Honolulu, HI: November 1, 2008.

“Current Strategies for Treatment of AC Joint Injuries October 2008.” Hawaiian Shoulder Course, Arthex, Inc., Honolulu, HI: November 1, 2008.

“Meniscal Repair Update: Meniscal Cinch.” Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008.

“Single Bundle All-inside Reconstruction: Live Cadaver Demo.” Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008

“Shoulder Update October 2008.” Korean-Japanese Shoulder Course, Arthex, Inc., Honolulu, HI: October 29-31, 2008.

“Meniscal Repair Options.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Pearls for All-inside ACL Reconstruction with BTB Grafts.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Transition to All-inside ACL reconstruction.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Treatment of Cartilage Lesions.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Meniscal Repair Options.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Pearls for All-inside ACL Reconstruction with BTB Grafts.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Transition to All-inside ACL reconstruction.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Treatment of Cartilage Lesions.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“How to Begin the Search for the Right EMR.” *Instructional Course*. 26th Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 27, 2007.

“A Document Management Alternative To EMR---‘EMR Light.’” *Instructional Course*. 26th Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 27, 2007.

“All-Inside ACL Reconstruction.” Arthrex, Inc. Naples, FL: March 20, 2007.

“All Inside ACL Pearls.” *Arthrex Regional Sales Representatives*, Arthrex Inc. Naples, FL March 19 2007.

“My Technique for All Inside ACL Reconstruction.” *Arthrex Regional Sales Representatives*, Arthrex Inc. Naples, FL November 28 2006.

“Sizing of Meniscal Allografts: Comparison of Plain Radiographs, Magnetic Resonance Imaging, and Cadaveric Measurements.” 24th Annual Meeting Arthroscopy Association of North America, Vancouver, BC, Canada: May 12-15, 2005.

“E & M Coding and Office Templates”, *Instructional Course*, 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices” 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“ACL Tensioning: KT-1000 Measurements after ACL Reconstruction and Tensioning” 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices” 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Mattress and Simple Sutures” 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of x-ray, magnetic resonance imaging (MRI) and cadaveric measurements of meniscal size.” 57th Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Fascia Lata Allograft in ACL Surgery” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Graft Tensioning in ACL Surgery” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“ACL Tensioning: KT-1000 Measurements after ACL Reconstruction and Tensioning”. 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Cuff Tacks and Suture Anchors with Open Rotator Cuff Repairs” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Effect of medial imbrication on patellar position.” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts” Arthroscopy Association of North America 22nd Annual Meeting, Phoenix, AZ, April 2003

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Cuff Tacks and Suture Anchors with Open Rotator Cuff Repairs” Arthroscopy Association of North America 22nd Annual Meeting, Phoenix, AZ, April 2003

“A Biomechanical Study of Valgus Stability of the Elbow Before and After Reconstruction of the Medial Collateral Ligament.” American Orthopaedic Society for Sports Medicine Annual Meeting, Sun Valley, Idaho, June 18-21, 2000

“Cyclic Loading of Rotator Cuff Repairs.” A Comparison of Bioabsorbable Tacks with Suture Anchors and Transosseous Sutures.” Arthroscopy Association of North America 19th Annual Meeting, Miami Beach, Florida, April 2000 (presented by co-author).

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” Annual meeting of the Herodicus Society. Traverse City, Michigan: June 1999.

”Sports Medicine Issues in Children and Adults.” Orthopaedics in Primary Care Medicine, Hotel Roanoke and Conference Center, Roanoke, Virginia, May 22, 1999

“Effects of surgical timing on outcomes after ACL reconstruction using hamstring tendon grafts at two to six years post-operatively.” Arthroscopy Association of North America. Vancouver, British Columbia, Canada: April 15-18, 1999.

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” American Orthopaedic Society for Sports Medicine 24th Annual Meeting, Vancouver, British Columbia, Canada: July 12-15, 1998.

“Acute versus chronic ACL reconstructions with hamstring tendon autografts: results at two to five years.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1998.

“ACL reconstruction with hamstring tendon grafts in a sheep model: a histological and biomechanical analysis over fifty-two weeks post-operatively.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1998.

“Histology of hamstring tendon grafts used for ACL reconstructions in a sheep model.” Fifth Annual Residents and Fellows Arthroscopy Conference, Scottsdale, Arizona: April 17-19, 1998.

“Tendon to bone healing of a semitendinosus graft in sheep.” Fifth Annual Residents and Fellows Arthroscopy Conference, Scottsdale, Arizona: April 17-19, 1998.

“Biomechanics of endoscopic ACL reconstructions: Semitendinosus versus patellar tendon grafts.” Arthroscopy Association of North America Specialty Day during American Academy of Orthopaedic Surgery Annual Meeting, New Orleans, Louisiana: March 22, 1998.

“Histologic and biomechanical analysis of hamstring acl reconstructions in sheep one to six months post-operatively.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1997.

“Biomechanics of endoscopic ACL reconstructions: Semitendinosus versus patellar tendon grafts.” Annual Meeting of the Arthroscopy Association of North America, San Diego, California: April 23-26, 1997.

“Biomechanics of endoscopic fixation in ACL reconstruction: Semitendinosus versus patellar tendon grafts.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 30-31, 1996.

“Biomechanics of ACL graft fixation: A review.” Annual Orthopaedic Surgery Basic Science Presentations, Oklahoma City, Oklahoma: August 1995.

POSTER EXHIBITS

“Active Cooling and Intermittent Pneumatic Compression Device vs. Standard Cold Therapy after Knee Arthroscopy”. 26th Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 26-30, 2007.

“Sizing of Meniscal Allografts: Comparison of Plain Radiographs, Magnetic Resonance Imaging, and Cadaveric Measurements”. 72nd Annual Meeting of American Academy of Orthopaedic Surgery, Washington, D.C.: February 17-21, 2005.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices”. 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Mattress and Simple Sutures” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Medial Femoral Condyle Strength After Tunnel Placement for Posterior Cruciate Ligament Reconstruction” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Anterior Capsular Shift: Comparison of Volume Reduction using Arthroscopic and Open Capsular Shift.” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Loop Security: A comparison of Four Arthroscopic Knot Configurations.” 23rd Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Anterior Capsular Shift: Comparison of Volume Reduction using Arthroscopic and Open Capsular Shift.” 71st Annual Meeting of American Academy of Orthopaedic Surgery, San Francisco, CA: March 10-14, 2004.

“Loop Security: A Comparison of Three Sliding Knots.” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003.

“Effect of medial imbrication on patellar position.” 22nd Annual Meeting of the Arthroscopy Association of North America, Phoenix, AZ: April 24-27, 2003

“A biomechanical study of valgus stability of the elbow before and after reconstruction of the medial collateral ligament” 64th Annual Meeting of American Academy of Orthopaedic Surgeons, San Francisco, California: February 28 – March 4, 2000.

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” 111th Annual Meeting of The American Orthopaedic Association, Asheville, North Carolina: June 3-6, 1998.

COMMUNITY PRESENTATIONS

“Advances in Treatment of Common Shoulder Problems—What Nurses Need to Know”. Bon Secours St. Francis Nursing Education. St. Francis Medical Center, Midlothian, VA: December 2, 2006.

“Advances in the Treatment of Knee & Shoulder Problems—Sports Medicine to Arthritis” Bon Secours Medical Matters Seminar. St. Francis Medical Center, Midlothian, VA: September 28, 2006.

“ACL reconstruction surgical techniques and instrumentation for the surgical technician.” Bon Secours St. Francis Medical Center Surgical In-Service. Midlothian, VA: June 22, 2006.

“Common Knee & Shoulder Problems for the County Employee.” Chesterfield County Employee Wellness. Chesterfield, VA: August 17, 2005.

“Diagnosis & Treatment of Common Knee & Shoulder Problems for the Primary Care Physician.” John Randolph CME Series. Hopewell, VA: July 26, 2005.

“The Painful Knee—Options for Staying Active.” John Randolph Volunteer Services Community Presentation. Chester, VA: June 29, 2005.

“Work Comp Case Manager Questions for the Orthopaedic Knee and Shoulder Specialist.” Blair Rehabilitation Services Quarterly Meeting. Richmond, VA: October 22, 2004

“An Orthopaedists Perspective on Return to Work Issues.” Tidewater Physical Therapy Workman’s Compensation Case Managers Education Workshop. Hilton Hotel Conference Center, Richmond, VA: August 10, 2004.

“Diagnosis, Treatment and When to Refer Knee and Shoulder Problems.” Noon Educational Series, Henrico Doctors Hospital-Parham Campus; May 11, 2004

“An Algorithm for Diagnosis and Treatment of Common Knee and Shoulder Conditions.” *TOSS Primary Care Physician Symposium*, Dominion Club, Richmond, VA January 29, 2004

“Joint Infections and Osteomyelitis”, Hanover Family Physicians Residency Program, Hanover, VA December 9, 2003.

“Diagnosis and Treatment of Shoulder Instability”, Hanover Family Physicians Residency Program, Hanover, VA October 14, 2003.

“Diagnosis and Treatment of Cartilage and Meniscus Injuries”, Hanover Family Physicians Residency Program, Hanover, VA August 5, 2003.

“Cartilage and Meniscal Injuries” Virginia State High School Coaches Association, Norfolk, VA July 7, 2003.

“Shoulder Instability” Virginia State High School Coaches Association, Norfolk, VA July 7, 2003.

“Diagnosis and Treatment of Meniscus Injuries” Longwood University Athletic Training Program, October 29, 2002

“Weight Lifting Injuries” AAU International Power Lifting Championships, Richmond, Virginia October 26, 2002

“Treatment of Cartilage Problems in the Workman’s Compensation Patient” Travelers Insurance Company, Richmond, Virginia, October 23, 2002

“Treatment of Common Shoulder Problems” Breakfast Series, Virginia Science Museum, Richmond, Virginia September 11, 2002.

“Treatment of Cartilage Abnormalities and Complex Knee Problems” HealthSouth Workman’s Compensation Education Series, Richmond, Virginia, July 2002

“Shoulder Instability” HealthSouth Physical Therapy Education Series, Richmond, Virginia, January 16, 2002.

“Shoulder Impingement Syndromes in Athletes & Associated Conditions.” Southwest Virginia Sports Medicine Society Meeting, Blacksburg, Virginia, April 25, 2000

“Basic Orthopedics and When to Refer” American Association of Physician Assistants, American Association of Nurse Practitioners, Go Orthopedics, Chester, Virginia, November 13, 2007

COURSES

- ◆ Reimbursement Strategies and Tactics for Orthopedics, Memphis, TN: 8/06
- ◆ Mastering Orthopedic Coding, Memphis, TN: 8/06
- ◆ Joint Reconstruction and Sports Medicine Course, Vail, CO: 1/04
- ◆ Metcalf Knee & Shoulder Arthroscopy Course, Sun Valley, ID: 1/01
- ◆ AAOS Orthopaedic Review Course, Washington, D.C.: 12/00
- ◆ Trauma Update, New York, New York: 12/99
- ◆ Advanced Shoulder Arthroscopy, Orthopaedic Learning Center, Rosemont, IL: 7/99
- ◆ Advances in Fracture Management: Beaver Creek, Colorado: 1/98.
- ◆ Advances in Fracture Management: Beaver Creek, Colorado: 1/97.
- ◆ Southwestern Medical School Prosthetics & Orthotics Course: Dallas: Texas, 10/95.
- ◆ AO/ASIF Basic Fracture Course: Charlotte, North Carolina: 11/94.

CERTIFICATIONS

- ◆ Certificate of Added Qualifications in Sports Medicine, American Board of Orthopaedic Surgery: 11/8/07
- ◆ Board Certified, American Board of Orthopaedic Surgery: 7/12/01
- ◆ Diplomate of the National Board of Medical Examiners (#433915): 7/94

LICENSURE

- ◆ Commonwealth of Virginia (#0101059293), March 24, 1999 to present (exp. Jan. 2010).
- ◆ State of Maryland (#D0053304), May 5, 1998 to January 2000.
- ◆ State of Oklahoma (#19010), July 1, 1994 to June 1998.